

Events for Azadi Ka Amrit Mahotsav during 30th August 2021 to 5th Sept 2021

S. No	Date and Time	Event	Details of the event
1.	30 Aug 2021	Webinar on Ayush interventions in COVID Management	<ul style="list-style-type: none"> ● Students from Ayush colleges ● A webinar by All India Institute of Ayurveda, Ministry of Ayush, on the role of AYUSH system in the management of COVID-19. The first in a series of week-long AYUSH programmes under 'Azadi Ka Amrit Mahotsav', a celebration to commemorate 75 years of India's freedom next year. The Minister of State for Ayush Dr. Munjpara Mahendrabhai to address the event.
2.	31 Aug 2021	Cultivation of medicinal plants covering 75,000 hectares of land	<ul style="list-style-type: none"> ● Plantation of sapling at identified location ● Distribution of medicinal plants to farmers for cultivation all over the country ● farmers from a cluster at each location during the launch event. ● Self-help groups, State plantation boards, nurseries, Agriculture and Horticulture Dept ● Total Target- 75,000 Hectare of land in one year
3.	1 Sep 2021	Launch of Y-Break app	<ul style="list-style-type: none"> ● The Y-Break application will be launched from Vigyan Bhawan. ● 5 minutes yoga protocol demonstration video
4.	2 Sep 2021	Distribution of Ayush prophylactic medicines with special focus on 60+ age group and guidelines on	<ul style="list-style-type: none"> ● Distribution of Ayush medicine to general public participating in the programme ● Introduction ● Speech ● Distribution of medicine at nearby residential area

		diet and lifestyle	<ul style="list-style-type: none"> ● persons from general public (special focus on 60+ Age Group) during the launch event ● All national institutes can inaugurate the activity on the same day ● Total Target- Distribution to 75 Lk. households
5.	3 Sep 2021	Distribution of medicinal plants saplings (Ayush Aapke Dwar)	<ul style="list-style-type: none"> ● general public at each location ● Self help groups, State plantation boards, nurseries, Agriculture and Horticulture Dept ● Total Target- Distribution to 75 Lk. Saplings ● Introduction ● Speech ● Distribution of saplings
6.	4 Sep 2021	Launch of series of lectures on Ayush system for higher secondary school students, colleges and universities and distribution of IEC material	<ul style="list-style-type: none"> ● Students from 75,000 schools, colleges, universities ● Ministry of Education ● Education department of states ● NCC, NSS volunteers, Clubs in universities
7.	5 Sep 2021	Webinar on utility of Y-break app	<ul style="list-style-type: none"> ● Introduction ● Inaugural address ● Lecture on Y-Break and its benefits ● Responses to questions from participants ● students from Ayush colleges and other colleges ● Government officials ● Corporates